

September 2009

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Sloppy Joe Burger Tator tots Peas Milk/Juice	2 Chicken Casserole w/rice Veggies Fresh fruit	3 Fish Sticks Whipped potatoes Green beans Banana Milk/Juice	4 Beef Nachos Fried corn Pineapples Milk/Juice	5
6	7 Labor Day	8 Meatloaf Steamed rice Green beans Tropical fruit Milk/Juice	9 Baked Chicken Mashed potatoes Greens Fresh fruit Milk/Juice	10 Chili Hot Dogs Tator tots Corn Oranges Milk/Juice	11 Corn Dogs Mixed veggies Mixed fruit Cookie Milk/Juice	12
13 Grandparents Day	14 Beef Spaghetti Green Salad Fresh Fruit Milk/Juice	15 Deli Sandwiches Chips Pears Milk/Juice	16 Beef Fingers Butter rice Mix veggies Bananas Milk/Juice	17 Soft Taco Spanish Rice Fried Corn Oranges Milk/Juice	18 Chicken Strips Tator tots Sweet peas Fresh fruit Milk/Juice	19
20	21 Pizza Green beans Tropical fruit Milk/Juice	22 Cheesburger Chips Pineapples Milk/Juice	23 Soup Veggie/Rice Mixed fruit Milk/Juice	24 Cheese hot dog Tator tots Fresh fruit Milk/Juice	25 Meatballs w/gravy Garlic potatoes Sweet corn Bananas Milk/Juice	26
27 Yom Kippur	28 Fish sticks Mac & cheese Cornbread Tropical fruit Milk/Juice	29 Chili beans w/ rice Fresh fruit Milk/Juice	30 Chicken nuggets Potatoes Corn Fruit Milk/Juice			

October 2009

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Beef/potato dish Sweet peas Oranges Milk/Juice	2 Deli Sandwiches Chips Bananas Cookie Milk/Juice	3
4	5 Burritos Spanish rice Pinto beans Tropical fruit Milk/Juice	6 BBQ Chicken Garlic potatoes Green beans Fruit Milk/Juice	7 Meatloaf w/gravy Rice Sweet peas Oranges Milk/Juice	8 Taco Salad Mixed fruit Cookie Milk/Juice	9 Meat patty Steam rice /w raisin Steam carrots Fruit Milk/Juice	10
11	12 Columbus Day Corn dogs Fried corn Tator tots Pears Milk/Juice	13 Spaghetti Green beans Pineapples Milk/Juice	14 Fish sticks Mac & Cheese Sweet peas Tropical fruit Milk/Juice	15 Pizza Sweet corn Salad Oranges Milk/Juice	16 Chicken nuggets Whipped potatoes Mix veggies Banana salad Milk/Juice	17
18	19 Chili beans w/rice Strawberry cocktail Milk/Juice	20 Sloppy Joe burger Tator tots Fresh fruit Milk/Juice	21 Nachos Sweet corn Tropical fruit Milk/Juice	22 Chicken Mashed potatoes Green bean dish Fresh fruit Milk/Juice	23 Grilled chicken sandwich Chips Cookie Milk/Juice	24
25	26 Spaghetti/meatballs Tossed salad Cookie Milk/Juice	27 Veggie soup Rice and chicken Mixed fruit Milk/Juice	28 Soft taco Spanish rice/beans Oranges Milk/Juice	29 Cheeseburger Chips Cookie Fruit Milk/Juice	30 Fish sticks Tator tots Pineapples Green beans Milk/Juice	31 Halloween

November 2009

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Daylight Saving Time ends	2 Yellow chicken w/gravy & rice Sweet peas Peach cobbler Milk/Juice	3 Meatballs Garlic potatoes Mixed veggies Sliced bananas Milk/Juice	4 Chili w/rice Tropical fruit Cookie Milk/Juice	5 Corn dog Tator tots Oranges Corn Milk/Juice	6 Fish sticks Potato salad Green beans Pears Milk/Juice	7
8	9 Taco salad Sweet corn Cookie Pineapples Milk/Juice	10 Fried chicken Tator tots Sweet peas Tropical fruit Milk/Juice	11 Veteran's Day Cheese Spaghetti Green beans Oranges Milk/Juice	12 Deli Sandwich w/cheese Chips Cookie Milk/Juice	13 Soft Taco Spanish rice Fried corn Mixed fruit Milk/Juice	14
15	16 Hot dogs w/cheese Tator tots Sweet peas Bananas Milk/Juice	17 Pizza Green beans Cookie Tropical fruit Milk/Juice	18 Beef burritos Sweet corn Oranges Milk/Juice	19 <i>Grandparents Thanksgiving Dinner</i>	20 Cheeseburger Chips Fresh fruit Milk/Juice	21
22 Sagittarius	23	24	25	26 Thanksgiving	27	28
29	30 Chicken nuggets Garlic potatoes Green beans Pears Milk/Juice					

December 2009

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Pasta Supreme Green salad Chilled pears Milk/Juice	2 Chicken alfredo Sweet peas Pineapples Milk/Juice	3 Chop beef franks Mac & cheese Green beans Tropical fruit Milk/Juice	4 Red beans & rice Cornbread Fresh fruit Milk/Juice	5
6	7 Soft taco Spanish rice Mexican corn Bananas Milk/Juice	8 Meatballs w/gravy Butter potatoes Mixed fruit Milk/Juice	9 Ground beef soup w/rice Cookie Milk/Juice	10 Steak fingers Fried rice Steam green beans Oranges Milk/Juice	11 Fish Sticks Tator tots Tropical fruit Milk/Juice	12
13	14 Chicken sausage gumbo Crackers Cookie Milk/Juice	15 Turkey spaghetti Sweet corn Pears Milk/Juice	16 Cheese Nachos Sweet pears Bananas Milk/Juice	17 Chicken Tacos Spanish rice/beans Cookie Milk/Juice	18 Chili w/rice Crackers Pears Milk/Juice	19
20	21 First Day of Winter	22	23	24 Christmas Eve	25 Christmas	26 First Day of Kwanzaa
27	28	29	30	31 New Year's Eve		